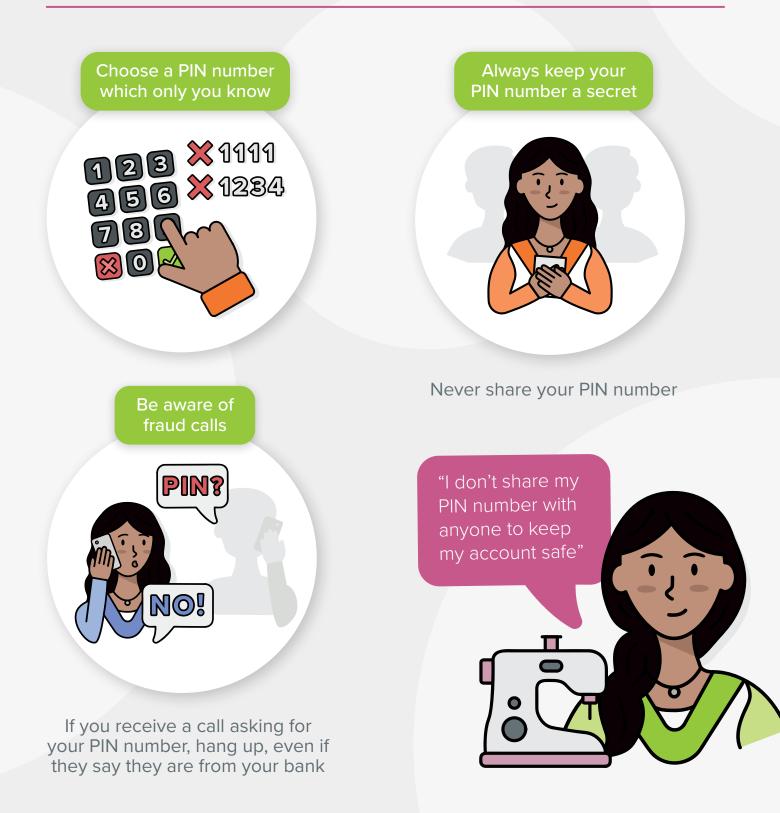
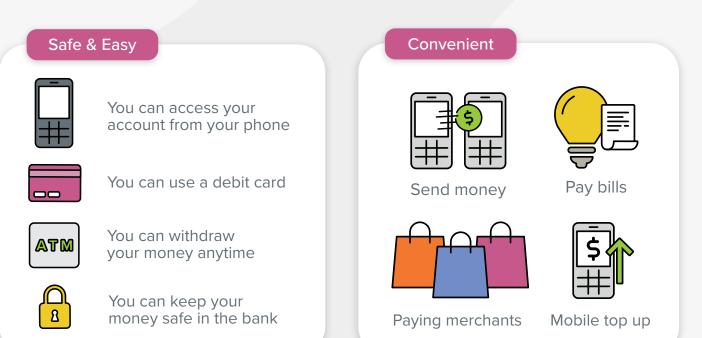
Use your financial account safely



Financial services are for you

A digital account is...



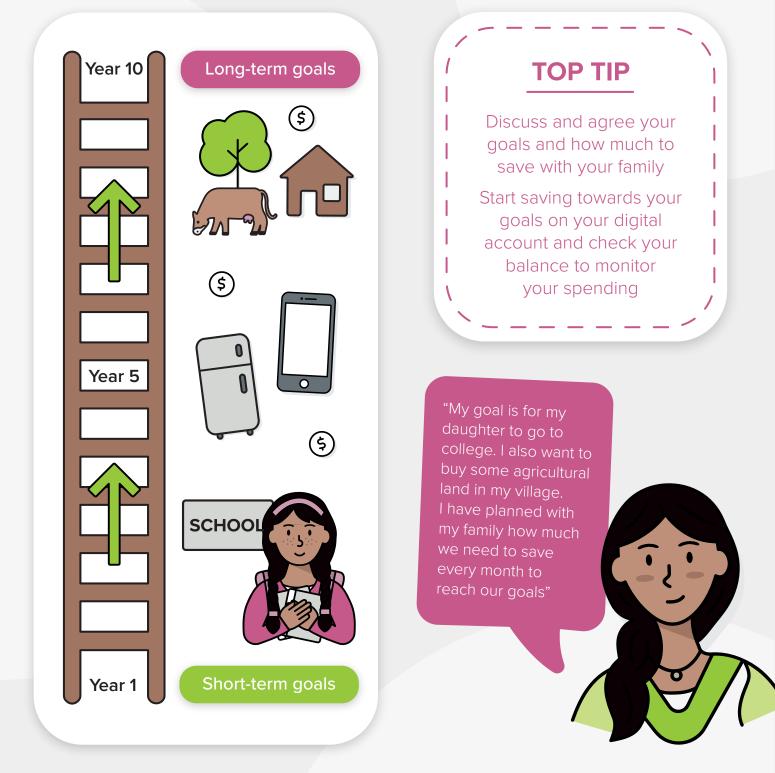
• On your account, you can your track income and your expenses each month and have control over your wage

- Make sure you know what the fees and account limits are
- If you face any problems, contact your factory manager or call your financial service provider

"Having a digital accour in my name helps me to control my income and save. It is also very convenient to send money back home"

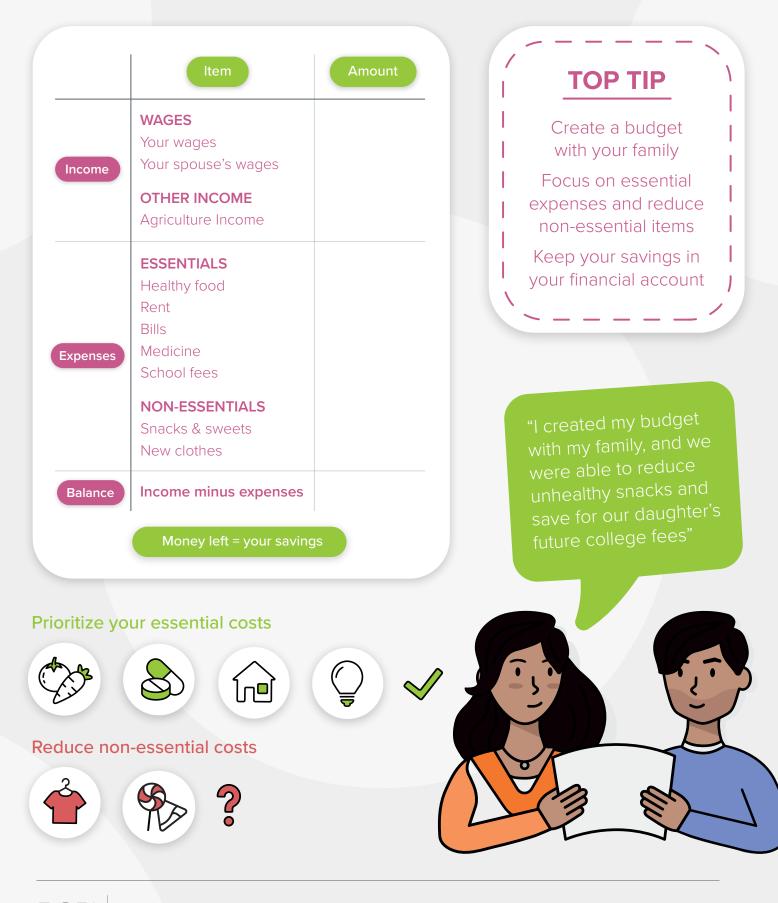
Financial planning

What are your financial goals?

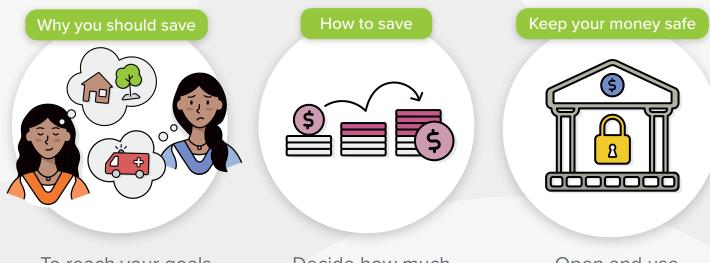


BSR[®] HERproject[®] Supporting Garment Workers

How to budget



Everyone can save, start today!



• To reach your goals

- In case of emergencies
- Decide how much to save each month and stick to it

 Only cash out what you need, keep the rest safe in your account • Open and use a savings account

"I save 1000 taka a month in my bank account towards my dream of sending my daughter to college"

RESPONSIBLE LOANS

- It's better to save towards a big expense, rather than take out a loan
- If you really do need to take a loan then only take from reputable sources such as banks
- If you miss a loan payment it will end up costing you more

Talking about finances with your family

Families that discuss finances together are more likely to meet their financial goals and have more harmonious relationships...

COMMUNICATION TIPS



Acknowledge his or her point of view



Listen to your partner



Compromise to find a common solution



State your position with confidence



Have good eye contact



Don't bring other issues into the conversation

"We used to argue a lot about money, but since we aligned our goals and started to budget together, we have much better relationships at home"



If you face conflict or violence at home: please **call 999** for police help, or **call 109** for violence against women